



For enquiries and appointments,
please contact us

Women's Health Clinic

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Service Hours
 Monday to Friday 9:00 am – 5:00 pm
 Closed on Saturdays, Sundays and Public Holidays

Consultation by Appointment

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Well Women Screening Programmes



李樹芬醫學基金會
 LI SHU FAN
 MEDICAL
 FOUNDATION

養和醫療集團成員 Members of HKSH Medical Group

養和醫院
 Hong Kong Sanatorium & Hospital

養和醫健
 HKSH Healthcare

養和東區醫療中心
 HKSH Eastern Medical Centre

養和癌症中心
 HKSH Cancer Centre

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Well Women Screening Programmes

Health is a top priority for women juggling work and home responsibilities. At HKSH, the Women's Health Clinic sets out to optimise the health of all women and address their needs at every stage of life. With routine screenings and other options for all age groups, health problems can be detected at an early stage for timely diagnosis and effective follow-up.

- **Breast Examination and Pap Smear**

Breast cancer and cervical cancer are common among women. Early detection through regular screenings can lead to prompt treatment and improve outcomes.

- **Bone Densitometry**

Osteoporosis is common in post-menopausal women. If undetected, it may contribute to frequent fractures after minor accidents or trauma. Early detection of bone loss can facilitate prompt treatment, restore lost bone mass, and reduce the chance of fractures.

Dual-energy X-ray absorptiometry (DEXA) is used to assess osteoporosis by measuring the bone density of major bones such as the spine and femur. Its radiation dose is only one-tenth of that of chest X-ray.

Item	Well Women Screening (Mammogram or Ultrasound)	Complete Well Women Screening	Well Women Menopause Screening	Complete Well Women Menopause Screening
Medical History	√	√	√	√
Demonstration of Breast Self-examination by Nurse	√	√	√	√
Physical Examination				
Basic Physical Exam (including body height, weight, pulse and blood pressure)	√	√	√	√
Physical Exam by Doctor - Pelvis	√	√	√	√
Physical Exam by Doctor - Breasts	√	√	√	√
Laboratory Tests				
Urinalysis	√	√	√	√
Complete Blood Count	√	√	√	√
Pap Smear (Liquid-based)	√	√	√	√
Medical Imaging				
Bone Densitometry			√	√
Mammography	√ or √	√	√ or √	√
Breast Ultrasound		√		√
Pelvis Ultrasound	√	√	√	√

Note: Users of any of the Well Women Screening Programmes enjoy a special price for bone densitometry.